

Extreme®

Patient Fitting Instructions

1. mid-strap: Fasten the mid-strap by passing it behind the calf, inserting it through the corresponding D-ring on the opposite side of the calf shell and back onto itself. Make sure this is secured snugly, as is the primary suspension strap.



2. thigh strap: The thigh strap passes through the slotted thigh strap attachment and doubles back onto itself.



3. Dynamic strap: The D.F.S. spirals on a diagonal around the back of the leg and threads through the D-ring on the front of the thigh shell, then fastens back onto itself.



4. The calf strap passes through the lower D-ring and doubles back onto itself.



5. Finally, bend the knee to 80° and retighten the D.F.S. When the D.F.S. is adjusted correctly, it tightens each time the leg approaches extension.



6. Secure any accessory straps that may have been added to improve brace suspension and/or ligament support.

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